

# SIMPLICITY 3 WEEK MENU

SPRING/SUMMER 2024



**MONDAY**
**TUESDAY**
**WEDNESDAY**
**THURSDAY**
**FRIDAY**

|                       | MONDAY                | TUESDAY                      | WEDNESDAY                                         | THURSDAY                                                          | FRIDAY                                     |
|-----------------------|-----------------------|------------------------------|---------------------------------------------------|-------------------------------------------------------------------|--------------------------------------------|
| Main Dish             | Cheese & Tomato Pizza | BBQ Chicken served with Rice | Roast Chicken served with Roast Potatoes & Gravy  | Beef Burger in a Bun served with Herby Diced Potatoes & Ketchup   | Fish Fingers served with Mashed Potatoes   |
| Vegetarian Dish       | Veggie Cowboy Pasta   | Macaroni Cheese              | Quorn Sausages served with Roast Potatoes & Gravy | Veggie Burger in a Bun served with Herby Diced Potatoes & Ketchup | Veggie Dippers served with Mashed Potatoes |
| Jacket potato topping | Baked Beans           | Grated Cheese                | Tuna Mayonnaise                                   | Baked Beans                                                       | Grated Cheese                              |
| Veg                   | Peas & Sweetcorn      | Green Beans & Carrots        | Sweetcorn & Carrots                               | Peas                                                              | Baked Beans                                |
| Dessert               | Yoghurt & Fresh Fruit | Banana Marble Cake           | Jammy Jack Flapjack                               | Vanilla Sponge                                                    | Chocolate & Pear Sponge                    |

**Available Every Day – Water, fresh bread, yoghurt & fresh fruit**

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

| Main Dish             | Cheese & Tomato Pizza                         | Pork Sausages served with Mashed Potatoes & Gravy | Roast Chicken served with Roast Potatoes & Gravy  | Chicken Tikka Masala served with Rice | Fish Fingers served with Chips & Ketchup         |
|-----------------------|-----------------------------------------------|---------------------------------------------------|---------------------------------------------------|---------------------------------------|--------------------------------------------------|
| Vegetarian Dish       | Veggie Balls in Tomato Sauce served with Rice | Cheese & Tomato Pasta                             | Quorn Sausages served with Roast Potatoes & Gravy | Macaroni Cheese                       | Cheese & Onion Pasty served with Chips & Ketchup |
| Jacket potato topping | Baked Beans                                   | Grated Cheese                                     | Tuna & Salmon Mayonnaise                          | Baked Beans                           | Grated Cheese                                    |
| Veg                   | Peas & Sweetcorn                              | Green Beans & Carrots                             | Sweetcorn & Carrots                               | Peas                                  | Baked Beans                                      |
| Dessert               | Yoghurt & Fresh Fruit                         | Oatie Cookie                                      | Chocolate & Blackcurrant Sponge                   | Crispy Crackle Bar                    | Raspberry Slice                                  |

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## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

SRPING/SUMMER 2024

| Main Dish             | Chicken Fillet in a Bun with Ketchup | Cheese & Tomato Pasta | Roast Beef served with Roast Potatoes & Gravy     | Beef Pasta Bolognese                               | Crispy Chicken Goujon strips served with Chips |
|-----------------------|--------------------------------------|-----------------------|---------------------------------------------------|----------------------------------------------------|------------------------------------------------|
| Vegetarian Dish       | Veggie Pasta Bolognese               | Macaroni Cheese       | Quorn Sausages served with Roast Potatoes & Gravy | Chickpea & Vegetable Tikka Masala served with Rice | Veggie Balls in Tomato Sauce served with Chips |
| Jacket potato topping | Grated Cheese                        | Baked Beans           | Tuna Mayonnaise                                   | Baked Beans                                        | Grated Cheese                                  |
| Veg                   | Peas & Sweetcorn                     | Green Beans & Carrots | Sweetcorn & Carrots                               | Green Beans                                        | Peas                                           |
| Dessert               | Yoghurt & Fresh Fruit                | Apple Sponge Cake     | Crispy Crackle Bar                                | Original Flapjack                                  | Chocolate & Pear Sponge                        |

Available Every Day – Water, fresh bread, yoghurt & fresh fruit