

# WEEK 3

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	<b>Cheese &amp; Tomato Pizza</b> 🍕 Traditional Margarita Pizza	<b>Pork Sausages &amp; Mashed Potato with Gravy</b> Pork Sausages with Creamy Mashed Potato and Gravy	<b>Roast Chicken</b> Served with Roast Potatoes and Gravy	<b>BBQ Chicken Melt with Rice</b> Chicken Filet with a BBQ Sauce topped with Cheese	<b>Breaded Fish Fingers</b> Served with Chips
JACKET POTATO	<b>Vegetable &amp; Bean Chilli with Rice</b> 🍲 Vegetables and Beans served with Rice 🍚	<b>Vegetarian Sausages &amp; Mashed Potato with Gravy</b> 🍲 Vegetarian Sausages with Creamy Mashed Potatoes and gravy	<b>Sweet &amp; Sour Quorn with Rice</b> 🍲 Quorn Pieces in a Sweet and Sour sauce served with Rice 🍚	<b>Macaroni Cheese</b> 🍝 Traditional Macaroni Pasta in a cheese Sauce 🧀	<b>Omelette and Chips</b> 🍳 Traditional Omelette served with Chips
	<b>Jacket Potato</b> 🍟 with Baked Beans	<b>Jacket Potato</b> 🍟 with Grated Cheese	<b>Jacket Potato</b> 🍟 with Tuna Mayonnaise 🐟	<b>Jacket Potato</b> 🍟 with Grated Cheese	<b>Jacket Potato</b> 🍟 with Baked Beans
All main meals are served with two vegetables					
DESSERT	<b>Jammy Flapjack and Custard</b> 🍪	<b>Lemon Muffin</b> 🍞	<b>Chocolate and Pear Cake</b> 🍰	<b>Raspberry Slice</b> 🍰	<b>Oatie Cookie</b> 🍪

# THREE WEEK MENU

AUTUMN/WINTER 2023

OUR NEW MENU  
CHOSEN BY  
PARENTS AND  
CHILDREN

YOUR  
FAVOURITES  
AVAILABLE  
EVERY DAY



# WEEK 1

W/C: 13/11, 04/12, 15/01, 05/02, 26/02, 18/03

# WEEK 2

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 12/02, 04/03, 25/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	<b>Cheese &amp; Tomato Pizza</b> 🍷 Traditional Margarita Pizza	<b>Classic Beef Burger in a Bun</b> Served with Chips	<b>Roast Chicken with Roast Potatoes &amp; Gravy</b> Roast Chicken served with roast potatoes & gravy	<b>Beef Bolognese</b> 🍷 Served with Wholewheat Pasta	<b>Fish Fingers with Mashed Potato</b> Crispy Fish Fingers served with Mashed Potato
	<b>Chickpea &amp; Vegetable Tikka Masala with Rice</b> 🌱 Chickpea's and vegetables in a mild curry sauce with rice	<b>Vegetarian Burger in a Bun</b> 🌱 Served with Chips	<b>Cheese and Onion Pasty with Roast Potatoes</b> 🌱 Traditional Cheese and Onion Pasty	<b>Vegetarian Meatballs in a Tomato Sauce with Pasta</b> 🌱 Vegetarian Meatballs in a Traditional Tomato Sauce with Pasta	<b>Vegetarian Dippers with Mashed Potato</b> 🌱 Crispy Vegetable Dippers served with Mashed Potatoes
JACKET POTATO	<b>Jacket Potato</b> 🍷 with Baked Beans	<b>Jacket Potato</b> 🍷 with Grated Cheese	<b>Jacket Potato</b> 🍷 with Tuna Salmon Mayonnaise 🐟	<b>Jacket Potato</b> 🍷 with Grated Cheese	<b>Jacket Potato</b> 🍷 with Baked Beans
All main meals are served with two vegetables					
DESSERT	Chocolate and Blackcurrant Sponge	Raspberry Slice 🍓	Apricot Flapjack	Chocolate and Pear Sponge with Custard 🍓	Berry Muffin

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	<b>Cheese &amp; Tomato Pizza</b> 🌱 Traditional Margarita Pizza	<b>Chicken Tikka Masala with Rice</b> Chicken in a mild curry sauce served rice	<b>Roast Ham with Roast Potatoes &amp; Gravy</b> Roasted Ham served with crispy Roast Potatoes and Gravy	<b>Sausage Pasta Bake</b> Mini Sausages and pasta, baked in a light tomato sauce	<b>Breaded Fish Fingers</b> Served with Chips
	<b>Cauliflower Macaroni Cheese</b> 🌱 Traditional Macaroni in a Cheese Sauce with flakes of Cauliflower	<b>Cheese &amp; Tomato Pasta</b> 🌱 Pasta in a traditional tomato sauce topped with cheese	<b>Vegetarian Sausages with Roast Potatoes &amp; Gravy</b> 🌱 Vegetarian Sausages served with crispy Roast Potatoes and Gravy	<b>Vegetarian Bolognese with Pasta</b> 🍷 🌱 Served with Wholewheat Pasta	<b>Vegetarian Dippers</b> 🌱 Served with Chips
JACKET POTATO	<b>Jacket Potato</b> 🍷 with Baked Beans	<b>Jacket Potato</b> 🍷 with Grated Cheese	<b>Jacket Potato</b> 🍷 with Tuna Mayonnaise 🐟	<b>Jacket Potato</b> 🍷 with Baked Beans	<b>Jacket Potato</b> 🍷 with Grated Cheese
All main meals are served with two vegetables					
DESSERT	Mandarin and Lemon Drizzle Cake	Cranberry and Orange Shortbread	Chocolate Cookie	Banana Marble Cake and Custard 🍓	Chocolate Milkshake & Fruit Slices 🍓

## AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🍷 Wholegrain 🍓 Fruity! 🍷 Nutritionist's Choice