

Areas	PE Skills	Reception						
Physical Development ELG	Negotiate space and obstacles safely, with consideration for themselves and others							
	Demonstrate strength, balance, agility and coordination when playing							
	Move energetically, such as running, jumping, dancing, hopping, skipping and climbing							
Development Matters	Refine fundamental movement skills: <ul style="list-style-type: none"> <li>- rolling</li> <li>- crawling</li> <li>- walking</li> <li>- jumping</li> <li>- running</li> <li>- hopping</li> <li>- skipping</li> <li>- climbing</li> </ul>							
	Develop and refine ball skills; throwing, catching, kicking, passing, batting and aiming.							
	Take part in paired and team games.							
	Combine different movements with fluency							
	Change speed and direction quickly							
	Develop confidence, competence, precision and accuracy when engaging in activities that involve a ball.							